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# **Review**

# Stabilization of protein

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**Abstract.** The stabilization of proteins is discussed from the theoretical and practical points of view. Methods are described for kinetic stabilization and protection from deterioration, as well as the thermodynamic stabilization of proteins.

**Key words.** Deterioration; protein; stabilization.

Proteins are maximally evolved to fit the particular physiological conditions in which the protein is acting. Therefore, we can improve the characteristics of proteins according to our new requirements. Due to the physiological requirements, proteins are relatively unstable. We can stabilize them further and use them for longer periods. Moreover, stable proteins can be used at a higher temperature, and we can exploit the higher efficiencies of the catalyses. Thus stabilization is one of the commonest methods used to improve the function of proteins. The stabilization of proteins is a major topic in their use, and there are many excellent reviews on it [1–5].

To understand the stability of proteins we must know about their physical chemistry, especially the forces that participate in their stabilization [6]. Knowledge of the structures of the native and the denatured states of the protein is also required. Due to recent developments in structural biology we know more about the native structure of proteins, but very little about the structure of the denatured state. It has been postulated that a protein retains some residual conformation in the denatured state [7]. In this article, I have presumed that the denaturations are extensive, and I have treated the denatured proteins as more or less completely unfolded entities. To attain maximum stabilization we should avoid any strain in the native state, and the residue to be modified should contribute only minimally to the stability of the parent protein.

In considering the stabilization of proteins, we are usually concerned with thermodynamic stability. In this review, I have also focused on kinetic stabilization and the deterioration of proteins. When irreversible denaturation takes place, we cannot analyze it only in terms of the thermodynamic stabilities. Often we measure the activity under physiological conditions after exposing the protein to more extreme ones. In this case, we are measuring the stability to irreversible denaturation, but not the thermodynamic stability [5].

# Thermodynamic stabilization

This aspect has been extensively published and reviewed [1–4]. Therefore, I am only giving a brief review of this subject here. Using this type of stabilization, proteins gain resistance to heat, denaturants, extreme pH and so on, and the qualities of proteins are generally improved.

## Theoretical aspects

A protein is in equilibrium between the native (N) and the denatured (D) states. The thermodynamic stabilization concerns only these two states. If the N state is more stable than the D state, then we have more protein molecules in the N state. Therefore, to stabilize a protein, we should enlarge the energy difference ( $\!\!\!/\!\!\!/ \, G_D$ ) between the N and the D states (fig. 1). There are two ways to achieve this. One is to lower the energy level of the N state (arrow A in fig. 1) by introducing more favourable interactions stabilizing the proteins in the folded state, or to remove the strains which are apt to operate in the folded structure. The other way is to increase the energy level of the D state (arrow B in fig. 1) by introducing destabilizing effects into the D state.

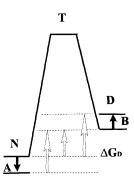


Figure 1. Energy diagrams for thermodynamic stabilization.

## 1. Stabilization of the N state

Improving the stabilizing force. (a) Improving the hydrophobic force: The energy of stabilization provided by the transfer of hydrophobic surfaces from the solvent to the interior of a protein is estimated to be 25-30 cal/mol/A2 [8, 9]. It was calculated that each buried -CH<sub>2</sub> contributes an average 1.3 kcal/mol to the conformational stability of the protein [10]. Many examples of this type of stabilization have been reported [11–14]. Improving the hydrophobic interactions in the interior of the protein molecule is more effective [15, 16]. However, to achieve the maximum stabilization some care must be taken to avoid the formation of strains or cavities in the N state. Electrostatic interactions in the interior of a protein could be exchanged with hydrophobic interactions with enhanced stability [17]. The improvement of hydrophobic interactions at the hydrophobic surface of a protein is also effective [3, 18]. However, as will be later discussed, exposing hydrophobic residues at the surface of a protein causes some strains.

- (b) Improving hydrogen bonding: The energy of a hydrogen bond is estimated to be 1.1-1.6 kcal/mol [6]. Hydrogen bonds are important in the maintenance of secondary structure, such as  $\alpha$ -helices,  $\beta$ -sheets and turns. The N- or C-cap stabilization of the helix by hydrogen bonds is especially significant [19–22]. Hydrogen bonds are particularly important in the buried polar groups [23, 24], and noncharged polar groups that lack hydrogen bonds are very destabilizing ( $\Delta\Delta G > = 3$  kcal/mol, [2]). Sometimes, the incorporation of fixed water molecules provides relief from this strain [25]. Stabilization by improving the hydrogen bond has been reported for barnase [11], subtilisin [26], and T4 lysozyme [27].
- (c) Improving electrostatic interaction: The strength of a salt bridge is sensitive to geometry, distance and the environment (such as exposure and the surrounding charges), and the contribution to the stability is estimated to be 0 to a few kcal/mol [28]. Improving an electrostatic interaction around the helix dipole is another concern [19, 20, 29].
- (d) Complexation: By the formation of a stable complex, we can reduce the population of the protein in the D state according to the following equilibrium:

$$NX \stackrel{\swarrow}{\underset{X}{\leftarrow}} N \stackrel{\longrightarrow}{\Longrightarrow} D$$

Improving the ligand binding site is one way of doing this. A preferential binding of a ligand to the folded state of the protein usually enhances the stability of the protein [30–34]. The de novo design of the metal-binding site is the first choice for this sort of stabilization and has been previously reviewed [35, 36]. The introduction of a calcium-binding loop into human lysozyme greatly enhanced its stability [37]. Oligomerizations are

another way for the protein to acquire stabilizations and have also been reviewed [38]. To stabilize the oligomerizing forces at the subunit contact surface is one way to improve the association phenomenon [39–41]. The introduction of an -SS- bridge between subunits [42–46] or the connection of the subunits into one protein (single chain) [3, 47, 48] is a more effective way to stabilize the subunit interaction.

Release from strain. (a) Release from steric strain: Ramachandran plots of folded proteins rationally showed us that many geometrical strains are evoked by the folding of proteins. These strains can be released by structural changes in the protein [49]. Deletion or insertion of amino acids or the substitution of certain residues by glycine [33, 51–53] is effective, while an introduction of glycine leads to some destabilization as will be later discussed.

- (b) Release from electrostatic strain: An electrostatic strain is easily evoked by placing similar charges close together or just by burying a charge in a hydrophobic environment [54]. Acidic groups showing abnormally high  $pK_a$  or basic groups showing abnormally low  $pK_a$  are destabilizing to the protein, and the removal of these charges leads to increased stabilization [55].
- (c) Removal of cavity: The cavity in the hydrophobic box in a protein lowers the stability of the protein by  $20 \text{ cal/mol/Å}^2$  [56] due to the loss of van der Waals interactions. Filling the cavity leads to further stabilization [57–60].
- (d) Removal of exposed hydrophobic residue: Placing a hydrophobic residue at the surface of a protein is energetically unfavourable and a stabilization of 2.2 kcal/mol was obtained by replacing the exposed hydrophobic residue (Tyr26) by a polar one (Cys) in lambda Cro [61].

## 2. Destabilization of the D state

The D state is greatly stabilized by the flexibility of the chain (chain entropy). If we restrict the flexibility of the chain, the D state looses its entropy, and it is destabilized.

Introduction of cross link. A cross link greatly restricts the movement of the chain in the D state. The relationship between the position of the cross link and the entropy loss can be calculated [62, 63]. Chemical crosslinking is one way to achieve stabilization [64, 65]. It is important to introduce the cross link using a reagent with an appropriate length, at the residues which have contributed little to the other stabilizing interactions. An introduction of a new –SS– bond is another method [66–73] and was previously reviewed [74]. The introduction of any strain in the folded structure should be avoided for effective stabilization by cross-linking. Introduction of proline. A proline residue brings a five-membered ring into the peptide chain and causes

restriction of the movement of the unfolded protein molecule. The entropy loss for the unfolded state of the protein caused by the introduction of a proline residue was estimated to be 4 cal/deg/mol [75]. The effects of various mutations were tested [76–82]. The introduction of a proline residue is apt to cause a strain in the folded state [83], especially at the point of the mutation and at the N-terminal residue because the five-membered ring includes an N-terminal amide nitrogen. In this sense, the introduction of the Gly-Pro sequence was recommended because the structurally flexible glycine at the N-terminal of the proline reduced this strain [50, 51].

**Removal of glycine.** A glycine residue is devoid of  $\beta$ -carbon and has greater configurational flexibility than the other residues which have  $\beta$ -carbon. The entropy loss for the unfolded state by the substitution of glycine to alanine was estimated to be 2.4 cal/deg/mol [75], and this method of substitution has effectively stabilized the proteins [81, 82]. However, glycine residues are apt to be placed at conformationally severe positions and the substitutions often cause strains in the folded states. Moreover, larger residues have more entropy in the unfolded state, and the effect of the substitution was easily canceled [84].

#### 3. Other methods

**Glycosylation or modification with synthetic polymer.** It is well known that when we express proteins in certain cells, we can often glycosylate them by introducing the consensus sequence for N-glycosylation (AsnXaaThr or Ser). The proteins yielded were usually more stable [85–90]. Chemical modification with synthetic polymers can also stabilize proteins. By modification with polyethylene glycol, the half-life of a protein was increased in vivo [91].

**Immobilization.** Immobilizations are occasionally employed in protein engineering, and it was found that proteins became more stable in the immobilized state [92–95].

# **Practical aspects**

Because of the physiological requirements, proteins are so fragile that I suspect nature has 'willingly' destabilized them, or at least paid little attention to their stabilization. It is also known that stabilization is sacrificed for the sake of producing effective functional environments [55, 96]. On the other hand, we know about many extremely stable proteins that are composed of constituents similar to normal proteins [94, 97]. Thus, we can stabilize proteins by improving the stabilizing effects previously mentioned. The stabilizing operations are usually universal and we can apply the method used by one protein to others. Moreover, the stabilizing operations are additive [3, 82, 98–100], and

Table 1. Energy for Gly-Pro or Pro-Gly mutants of lysozyme [50].

Lysozyme	Residue No. 100 101 102 103	$\Delta G_{D}$ (kcal/mol)	Strain in N (kcal/mol)
Rabbit	-Ser-Asp-Pro-Gln-		
Hen	-Ser-Asp-Gly-Asn-	10.6	
DP	-Pro-	9.8	2.0
PG	-Pro-	7.5	3.6
GP	-Gly-Pro-	12.1	0.2

we can accumulate the effects [101–104]. Only when the second stabilizing operation is introduced very close to the first one, or when two operations are in a cooperative site, does the additivity become unpredictable. Sometimes, cooperative mutations caused an effective stabilization [105].

Random modifications. Random mutations are a good method to improve the stability of proteins. When we do not have structural information, this is the only method to be employed. The key point with this method is to select the stabilized mutant effectively by assaying the function after exposing under or at an extreme condition [26]. It is also effective to select revertants after a destabilizing mutation. In this case, a biological positive selection can be conducted using bacteria, including thermophilic bacteria, dependent on the protein [106, 107]. We can improve the quality by accumulating random mutations [108]. After we obtain information by random mutation about the residue that is responsible for the stability, we can apply site-directed mutageneses on the residue to improve the effect further.

**Site-directed modifications.** As previously mentioned, we have acquired a number of methods to improve the stability of proteins, and these can be applied by site-directed modification [2]. Examples of the modifications were mentioned in the previous section.

**Learning form nature.** Strategies can be learnt from the protein working under extreme conditions [33, 38, 109, 110]. Sorting the residue that is responsible for the stabilization of the protein by comparing the stabilities and the primary structures of the proteins from different origins (comparative biochemistry) is another method. We compared the stabilities and the amino acid sequences of lysozymes from different origins and found that rabbit lysozyme is more stable than hen or human lysozyme [111]. Rabbit lysozyme has more proline residues (4) than hen (2) or human (2) lysozyme, and this was estimated to be the reason for the stability. We tried to improve the stability in hen lysozyme by introducing a proline residue at position 102 where the rabbit lysozyme has a proline residue. As previously mentioned, the introduction of a proline residue leads to the stabilization of the protein, but a proline residue has a five-membered ring, and its introduction easily causes a strain in the N state of the protein. We thought this position might be a good one because it is a

$$\begin{split} N & \xrightarrow{k_1} D \xrightarrow{k_3[X]} P \\ v &= \frac{k_1 \, k_3[N][X]}{k_2 + k_3[X]} \; ; \; K_D = \frac{k_1}{k_2} \\ k_2 &>> k_3[X] \; ; \; v = k_3 K_D[N][X] \\ k_2 &<< k_3[X] \; ; \; v = k_1[N] \\ \Delta G &= - \, RT \, \ln \, K_D \\ \Delta G^{\ddagger} &= - RT \, \ln \, \frac{k_1 \, h}{k_B \, T} \end{split}$$

Figure 2. Kinetic equations for irreversible denaturation coupled with the denatured state.

naturally occurring position. However, after several trials (table 1), we succeeded in attaining stabilization by introducing a Gly-Pro sequence [50, 51]. A proline residue forms the ring with the N-terminal amide nitrogen, and only when the N-terminal amino acid is a glycine could the proline residue be situated without causing strain in the N state (table 1). In this example, we obtained a hint on how to improve the stability. It is noteworthy that considerable strains were introduced by the Pro-Gly sequences compared to the Gly-Pro sequence.

## **Kinetic stabilization**

Sometimes proteases are not stabilized against autolysis even after thermodynamic stabilization [112]. This is because protease digestion usually proceeds via the D state of the substrate protein [113]. A kinetic stabilization is required for protection against irreversible denaturation coupled with the D state of the protein. This sort of consideration is of supreme importance in using proteins as medicines.

# Theoretical aspects

Irreversible denaturation coupled with the D state can be analyzed as shown in fig. 2. The [X] can be a concentration of protease, chemical reagent, denatured protein (in the case of aggregation), and so on. As long as  $k_3[X]$  is much smaller than  $k_2$ , the thermodynamic stabilization is effective. However, when  $k_3[X]$  becomes much larger than  $k_2$ , as is the case where the protease concentration ([X]) is very high, only  $k_1$  (unfolding rate constant) is effective for the denaturation rate. Therefore, a kinetic stabilization (decreasing  $k_1$ ) becomes important for irreversible denaturation coupled with the D state instead of a thermodynamic one [114]. We are interested in the ratio of  $k_1$  and  $k_2$  (i.e.  $K_D$ ) for the thermodynamic stability and in only  $k_1$  for the kinetic stability.

## **Practical aspects**

Irreversible denaturations coupled with the D states, such as protease digestions or some forms of chemical

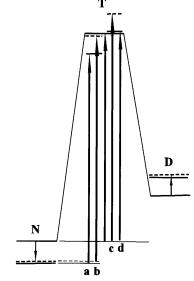


Figure 3. Energy diagrams for kinetic stabilization.

reactions, can be effectively resisted only by decreasing k<sub>1</sub> or increasing the delta activation free energy for the unfolding. Sometimes we can increase the delta activation free energy for the unfolding by thermodynamic stabilization. First, we consider thermodynamic stabilization by stabilizing the N state. If the modified region of the protein holds its folded structure in the transition state of the unfolding, the stabilizing effect is brought to the transition state and the delta activation free energy for the unfolding increases little (fig. 3 arrow a). On the other hand, if the region loses its folded structure in the transition state of the unfolding, the stabilization effect is lost in the transition state, and the delta activation free energy for the unfolding increases accordingly (fig. 3 arrow b). This means that we should stabilize the N state where the protein is disordered in the transition state of the unfolding to obtain a kinetic stabilization as well. Second, we consider thermodynamic stabilization by destabilizing the D state. In this case, the entropy loss in the disordered structure is important. If the stabilization effect is introduced where the protein is disordered in the transition state of the unfolding, the destabilization effect is brought about in this state also, and the delta activation free energy for the unfolding could be increased (fig. 3 arrow c), otherwise it does not (fig. 3 arrow d). In conclusion, if we introduce a thermodynamic stabilization where the protein is disordered at the transition state for the unfolding, we can attain a kinetic stabilization as well as a thermodynamic one. For kinetic stabilization, it is important to predict the site where the protein is largely disordered in the transition state for the unfolding. This site can be predicted from the results of stabilization at that site, whether or not kinetic stabilization was also attained. A practical method to predict the site was presented by Fersht et al. [115]. We also developed a convenient method to

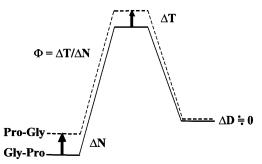


Figure 4. Energy diagrams for the Pro-Gly and Gly-Pro mutants.

predict the site [116]. As previously mentioned, the Pro-Gly sequence introduced much more strain in the N state than the Gly-Pro sequence, while their energy levels for the D states are similar. We introduced the Gly-Pro or Pro-Gly sequence at the same site and determined how much strain introduced into the N state by the Pro-Gly sequence was brought about in the transition state. This amount  $(\Phi)$  is proportional to the degree of retention of the native structure at the site in the transition state of the unfolding (fig. 4). We determined the  $\Phi$  values for several sites of lysozyme (fig. 5). If we stabilize a protein at the site with a small  $\Phi$  value, a kinetic stabilization is also attainable.

#### **Protection from deterioration**

Thanks to the development of protein engineering we can utilize proteins in various fields, such as medicine, industry, and so on. The deterioration of proteins [117],

irreversible chemical reactions [118] and irreversible denaturations are particular problems in the prolonged usage or storage of proteins under severe conditions. We elucidated that the deterioration of proteins can be simulated in a short time by heating the sample at 100 °C [119]. By heating at pH 4 and 100 °C, lysozyme lost its activity following pseudo first-order kinetics  $(k = 0.70 \ h^{-1})$  after a minor heat activation. The destabilized protein where the 6-127 disulphide was reduced and carboxyamidated lost activity faster ( $k = 1.59 h^{-1}$ ) than the unmodified protein. On the other hand, the stabilized protein where 1-15 was chemically crosslinked lost activity more slowly ( $k = 0.59 h^{-1}$ ). There was a good correlation between stability and inactivation. The reasons for the inactivation were: 1. Isomerization at the Asp residue. 2. Deamidation of the Asn residue. 3. Racemization of the Asx residue. 4. Hydrolysis of the Asp-Xaa bond. 5. Interchange of the SS bond. 6. Destruction of the Cys residue. The protein gradually becomes unstable by the accumulation of these chemical reactions. Finally, it becomes so unstable that it cannot hold its folded structure under physiological conditions and loses its activity [119]. This can be understood from the previous result that the inactivation was closely correlated with the thermodynamic stability of the protein. Reactions 1, 2, and 3 predominantly occurred at the Asx-Gly sequences. Reactions 2 and 3 were accelerated in the presence of a phosphate ion [120]. Rearrangements of -SS- bonds were also active at pH 6, and this reaction was depressed by the addition of copper ion [121]. It was found that trifluoroethanol

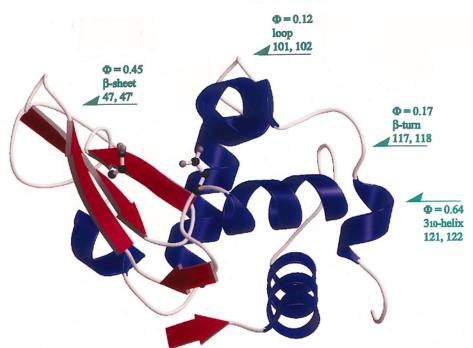


Figure 5. The degrees of retention of native conformation (Φ values) were determined by employing Gly-Pro and Pro-Gly mutants at various sites of lysozyme [116]. MOLSCRIPT program [124] was employed for the presentation of the model of lysozyme.

dramatically depressed the deterioration [120]. Asp-Gly sequences are very susceptible to chemical reaction, and the deterioration was greatly depressed by the mutation of Asp-Gly to Asp-Ala [122].

To prevent the deterioration, the chemical reactions should be depressed by avoiding phosphate ions, adding trifluoroethanol, avoiding alkaline conditions, and adding copper ion. Deleting Asx-Gly sequences is also effective. These chemical reactions usually occur in the D state of the proteins, and these reactions can be depressed by the thermodynamic stabilization of the proteins. The stabilized proteins can keep their folded structure even after chemical modifications. Thus, thermodynamic stabilization can prevent deterioration in two ways.

I have described mainly the proteins that readily refold reversibly from the unfolded state. However, many proteins are irreversibly denatured and tend to form aggregates, especially at moderately high concentrations. To protect against this kind of deterioration [117], we can thermodynamically stabilize proteins by glycosylation, immobilization, and so on. Additions of some sort of stabilizer, such as 'salting-in' additives, are also effective [117].

## **Conclusions**

We can stabilize proteins thermodynamically or kinetically or against deterioration. We should choose a stabilization method appropriate to our purpose. Biological functions are apt to be coupled to the fluctuations of the protein molecules [123], and conflicting effects on stabilizations and fluctuations will be considered in the future.

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